

St. Marks UMC Preschool
4801 Six Forks Road
Raleigh, NC 27609

THREE YEAR-OLD GOALS

Social and Emotional Development

- Participates in large and small groups (circle and music)
- Works independently in centers
- Cooperates with teachers
- Plays cooperatively with other children
- Seeks help when needed

Cognitive/ Language Development

- Knows first and last name
- Recognizes name when written
- Knows age
- Follows 2 step directions
- Stays on task
- Shows interest in books and stories
- Communicates with teachers and classmates
- Begins symbolic play (pretending, using one object for another)
- Repeats simple rhymes, songs, and finger plays
- Identifies colors: red, orange, yellow, black, blue, pink, green, purple, white
- Identifies basic shapes: circle, square, triangle, rectangle, oval, star, diamond
- Shows curiosity, investigator skills (who, what, where?)
- Explores letters of alphabet
- Explores numbers 0-10

Physical Development

Fine Motor

- Demonstrates how to use scissors
- Puts together puzzles
- Paints with large brush
- Holds crayon with fingers rather than fist
- Demonstrates fine motor skills (cut, color)
- Puts on and takes off outerwear correctly
- Hangs up belongings

Gross Motor

- Demonstrates running
- Demonstrates jumping
- Demonstrates hopping with one foot and two feet
- Throws and catches a ball
- Takes care of personal hygiene (including toileting)
- Is able and willing to clean up after self