

St. Marks UMC Preschool
4801 Six Forks Road
Raleigh, NC 27609

FOUR YEAR-OLD GOALS

Social and Emotional Development

- Separates well from parents
- Socializes with peers
- Cooperates with teachers
- Works well in centers
- Adjusts well to change in routine
- Stays on tasks
- Responds positively to correction
- Shares supplies and toys with peers
- Listens attentively during large group time
- Can sit in group activities for 10-15 minutes at a time
- Gets along in group and shows courtesy to others
- Speaks in front of the group (Show and tell, etc.)
- Exhibits self-confidence

Cognitive/Language Development

- Verbalize first and last name
- Recognizes name when written
- Writes name independently
- Recognizes alphabet letters introduced in class
- Demonstrates knowledge of letter sounds introduced in class
- Writes letters of alphabet
- Enjoys age appropriate activities (i.e. books, stories, academic games)
- Speaks clearly
- Communicates with teachers and peers
- Follows rules
- Follows 2 and 3 step directions

- Shows curiosity, investigator skills (who, what, where?)
- Distinguishes between likenesses and differences
- Identifies directional words
- Understands concept of rhyming words
- Identifies colors: red, black, green, orange, blue, purple, brown, pink, white, yellow
- Identifies basic shapes: circle, square, triangle, rectangle, heart, star, diamond
- Sorts objects
- Counts objects with accuracy
- Matches one to one correspondence
- Recognizes numbers 1-20
- Explores graphing and patterning
- Recognizes phone number
- Explores home address
- Explores environment to stimulate creative thinking and problem solving
- Puts effort and neatness into work

Physical Development

Fine Motor

- Demonstrates fine motor skills (cutting, coloring, and tracing)
- Uses scissors correctly
- Assembles puzzles
- Paints with a large brush
- Holds crayons/ pencil correctly
- Can button, snap, and zip

Gross Motor

- Demonstrates age appropriate gross motor skills (run, jump, hop, and skip)
- Clean up after work period
- Stores belongings in correct locations
- Takes care of classroom materials
- Takes care of personal hygiene
- Manages own clothing